



WMS Elective 2014

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*Class of 2014 at the end of
scenario Day 2*

Svetlana blogs for the group

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Blog 2/5/14

Another busy day today - after a quick breakfast, we jumped right into airway management. We got to review the basic intubation equipment, as well as play with some devices used for difficult airways - these were new to most of us. We also went through cricothyroidotomies. The highlight was definitely practicing them on a pig trachea - I had never seen an exposed trachea, and visualizing the entire airway in the open while ventilating was very cool! After a quick lunch, we re-convened to go through spinal immobilization techniques - we took turns being the patient and having the rest of our group strap us into a C-collar with a standard backboard and a Kendrick extraction device. The overall favorite was a vacuum immobilization device that stiffened and conformed to the patient's torso when deflated, it made you feel just like a burrito! The pace picked up as the afternoon continued - patients were found stuck under tables and, when extricated, started getting combative and requiring extra straps to be held down. Overall, a successful practice session! Chuck the forest ranger came to share his experience with us in the evening. He also piqued our interest for the upcoming backpacking trips by highlighting some of his favorite trails. The day wound down with some Spike Ball, a game whose extensive description I will leave for subsequent bloggers since my experience with it was brief but exciting.

Basically my first round of my first game of Spike Ball ended with my first carpet dive. I managed to detach a scab from of a deep knee cut that I had had sutured a few weeks ago. Instantly, my bloody knee was surrounded by a very excited group of classmates, each trying to suggest the best way to repair the damage and offering first aid supplies they had brought for the trip. It was incredibly cute and overwhelming at the same time! The knee has been fixed up and I'm certainly bummed about having to take activities easy for a few days. At the same time, I'm honored to be in the company of people so excited about the medicine we will be learning this month and so willing to help out. :)

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